



*** FEE STRUCTURE**

Payment is expected the day of an appointment unless prior arrangements have been made. Please note there is a 24 hour cancellation policy. Full payment is expected if there is a cancellation without advance notice and the position has not been filled (the only exception is emergencies). If I need to cancel an appointment for an emergency, I offer a complimentary session.

Punctuality is expected from the client and I. I encourage clients to arrive fifteen minutes before the session to prepare (especially if forms need to be filled out). Clients that are late must pay for their full treatment. If time allows, a full session will be offered. Session times vary according to treatment. A 90 minute Swedish massage, for example, includes a ten minute intake and an 80 minute massage.

*** CONFIDENTIALITY**

I consider the therapeutic relationship between a client and myself important and personal. I honor the client's right to privacy and our work together is confidential. In extreme circumstances confidentiality will be breached. The client will be notified.

*** SCOPE OF PRACTICE & REFERRALS**

I have a Bachelors Degree in Sociology, Psychology, and Women's Studies. I have also obtained a 1000 hr. certification in Massage Therapy at The Boulder College of Massage Therapy. I have studied Shiatsu, Swedish, Neuromuscular, Integrative, and Tui Na. In addition, I have completed 30 hours of training in both Sports and Orthopedic massage and 47 hours of Pre-natal massage. I currently am obtaining a Masters in Traditional Chinese Medicine as well. I am also a member of the A.M.T.A. (American Massage Therapy Association) and adhere to their code of ethics. I am passionate about bodywork and work within my scope of practice. If at any time I do not have the qualifications or experience necessary to address the client's needs I will be happy to provide a list of reputable professionals to further serve the client.

*** PRIVACY AND DRAPING**

I want the client to feel comfortable at all times. I ask all clients to

undress to their comfort level. I leave the room while the client disrobes and knock before re-entering. I only undrape the specific body part I am working on (all other parts of the body are covered). I am trained in undraped chest and abdominal work and offer these options to all clients.

* **HYGIENE**

I make a conscious effort to wear professional attire and maintain good hygiene. I ask clients to maintain a general sense of hygiene.

* **INTOXICANT POLICY**

Clients please do not arrive to an appointment under the influence of alcohol or drugs. The session will be terminated and full payment is required under these circumstances.

* **CLIENT/THERAPIST RELATIONSHIP**

I do not engage in relationships outside of the professional environment with clients. A dual relationship could potentially compromise the therapeutic relationship.

* **SEXUAL MISCONDUCT**

If the client or I ever feel uncomfortable a session may be terminated and full payment is required. Boundary violations are not tolerated.

* **CLIENT RIGHTS**

Massage therapy is client-centered. I strongly encourage every client to be an active participant in his or her health. I value and support open and honest communication.

Informed Consent Agreement

I understand that the massage given to me by Therapeutic Massage From The Heart is for the purpose of (stress reduction, pain reduction, relief from muscle tension, increasing circulation, and improving posture).

I understand that the massage therapist does not diagnose illness or disease and does not prescribe medical treatment or pharmaceuticals, nor are spinal manipulations part of massage therapy.

I understand that massage therapy is not a substitute for medical care and that it is recommended that I work with my primary caregiver for any condition I may have.

I have stated all my known physical conditions and medications, and I will keep the massage therapist updated on any changes.

Client's Signature: _____ Date: _____

